

## Title: Assistance for Autonomous and Semi-Autonomous Seniors in Private Retirement Homes

**Code:** 4757

**Credits:** 12

**Duration:** 180 hours

**Training sector:** Health Services (19)

**Certification of studies:** Skills Training Certificate (STC) (awarded exclusively by school service centres or school boards)

**Authorized in:** 2021

**Mandated school service centre or school board:** des Premières-Seigneuries

**Participating school service centres or school boards:** : de Saint-Hyacinthe, des Samares, des Portages-de-l'Outaouais, de la Pointe-de-l'Île, des Rives-du-Saguenay

**Occupation:** Personal Care Attendant

**Program of study objectives:** This type of personal care attendant provides assistive services to autonomous and semi-autonomous seniors. They help elderly clients with activities of daily living, such as moving around, personal hygiene, dressing, eating, hydration and elimination. They provide assistive care within the framework of regulated care. Finally, they work to prevent infections and contamination, and ensure the well-being and safety of elderly clients.

### Conditions of admission:

A person who meets the following conditions is eligible for admission to a program of study leading to an STC:

- 1** Has obtained at least Secondary III credits or the equivalent in the language of instruction, second language and mathematics
  - or** Has obtained an Attestation of Equivalence of Secondary Studies (AESS)
  - or** Has passed the General Development Test (GDT) without the specific prerequisites
  - or** Possess experiential learning related to this program of study
- 2** Has obtained a Secondary School Diploma (SSD) or a Diploma of Vocational Studies (DVS) or their equivalent
  - or** Has interrupted their full-time studies for at least 12 months
  - or** Is at least 18 years old when they begin their training
  - or** Meets the eligibility conditions of Emploi-Québec's workforce training measure

☒ This program is accessible via the [TCST-STC bridge](#).

## PROGRAM OF STUDY CONTENT

AEP Code	Statement of the Competency	Hours
AEP 757-011	Determine their suitability for the occupation and the training process of a personal care attendant in a private retirement home	15
AEP 757-022	Recognize the intervention measures associated with the specific needs and abilities of the elderly	30
AEP 757-031	Prevent infections and contamination in a retirement home	15
AEP 757-042	Intervene in emergency situations	30
AEP 757-055	Provide personal assistive care and services related to activities of daily living	75
AEP 757-061	Assess their limits of intervention for administering medications and invasive care procedures related to activities of daily living	15

Recognition of acquired competencies is possible for candidates enrolled in the *Institutional and Home Care Assistance* program of study.

### Documentation available upon request

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| <input type="checkbox"/> Work Situation or Profession Analysis Report (Rapport de l'AST ou de l'AP) | <input checked="" type="checkbox"/> Program of Study (Programme d'études)       | <input checked="" type="checkbox"/> RAC Tools (Instrumentation RAC) |
| <input type="checkbox"/> Proposed Training Plan (Projet de formation)                               | <input checked="" type="checkbox"/> Organizational Guide (Guide d'organisation) |   |
| <input type="checkbox"/> Harmonization Table (Tableau d'harmonisation)                              | <input checked="" type="checkbox"/> Evaluation Framework (Cadre d'évaluation)   |   |