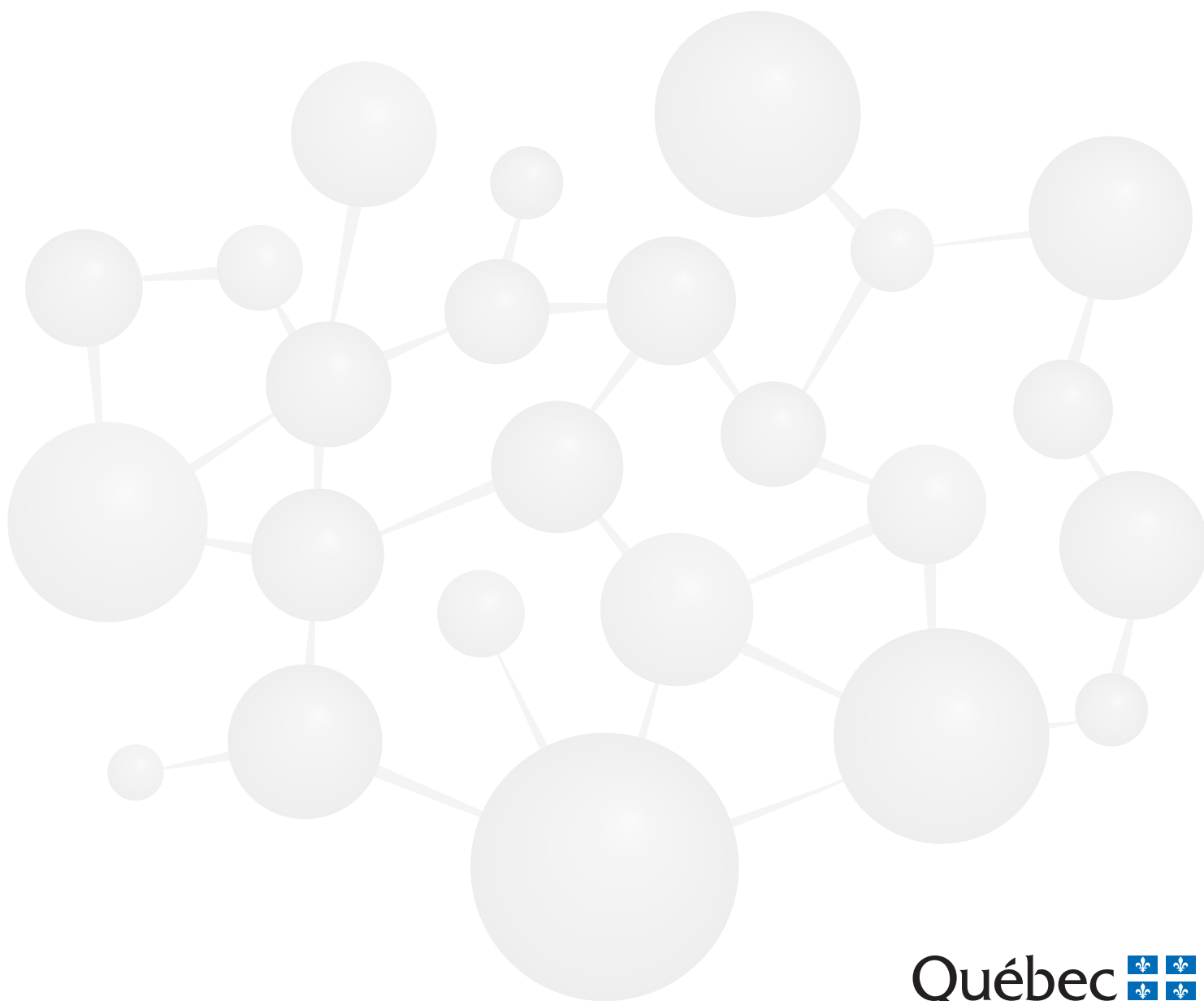
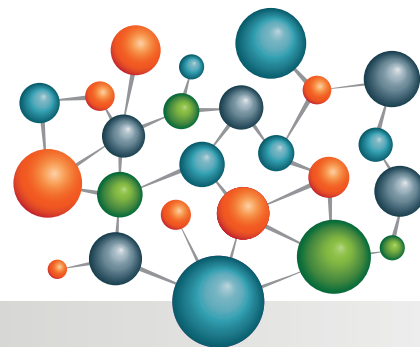


PROGRAM OF STUDY

HAIR REMOVAL (DVS 5849)

Training sector:
BEAUTY CARE

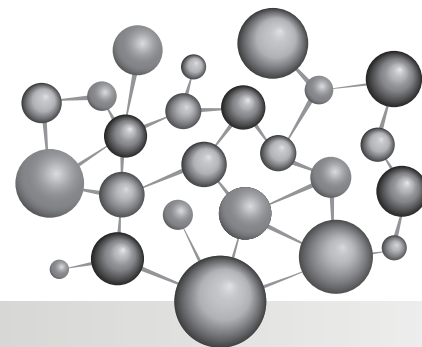
MINISTÈRE DE L'ÉDUCATION ET DE L'ENSEIGNEMENT SUPÉRIEUR



PROGRAM OF STUDY

HAIR REMOVAL (DVS 5849)

Training sector:
BEAUTY CARE



MINISTÈRE DE L'ÉDUCATION ET DE L'ENSEIGNEMENT SUPÉRIEUR



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Table of Contents

Introduction to the Program.....	1
Program Components	1
Aspects of Program Implementation	3
Summary of the Program	5
Part I	
Program Goals	9
Educational Aims	10
Statements of the Competencies	11
Grid of Competencies	11
Harmonization	13
Part II	
Program Competencies	15
The Occupation and the Training Process.....	17
Prevention, Health and Safety	19
The Skin and Hair	23
Consultation	27
Thermolysis	33
Blend Method	41
Electrolysis	49
Photoepilation	55

Introduction to the Program

In vocational training, a program of study presents the competencies required to practise a given trade or occupation at entry level on the job market. The training provided allows students to acquire a degree of versatility that will be useful in their career and personal development.

A program is a coherent set of competencies to be developed. It outlines the knowledge and broad orientations to be favoured during training. The competencies correspond to the tasks of the trade or occupation or to activities related to work, vocational or personal life, depending on the case. Learning is acquired in a specific achievement context and targets the ability to act, succeed and evolve.

According to the Education Act¹, “every program shall include compulsory objectives and contents and may include optional objectives and contents that shall be enriched or adapted according to the needs of students who receive the services.” For behavioural competencies, the compulsory components include the statement of the competency, the elements of the competency, the achievement context and the performance criteria; for situational competencies, they include the corresponding components.

For information purposes, programs also provide a grid of competencies, educational aims, a summary of competency-related knowledge and know-how, and guidelines. They also specify the suggested duration of each competency. All optional components of a program may be enriched or adapted according to the needs of the students, the environment and the workplace.

Program Components

Program Goals

Program goals consist of the expected outcome at the end of training as well as a general description of a given trade or occupation. They also include the four general goals of vocational training.

Educational Aims

Educational aims are broad orientations to be favoured during training in order to help students acquire intellectual or motor skills, work habits or attitudes. Educational aims usually address important aspects of career and personal development that have not been explicitly included in the program goals or competencies. They serve to orient appropriate teaching strategies to contextualize students' learning, in keeping with the dimensions underlying the practice of a trade or occupation. They help guide educational institutions in implementing the program.

Competency

A competency is the ability to act, succeed and evolve in order to adequately perform tasks or activities related to one's working or personal life, based on an organized body of knowledge and skills from a variety of fields, perceptions, attitudes, etc.

A competency in vocational training can be defined in terms of a behaviour or a situation, and includes specific practical guidelines and requirements for learning.

¹ Education Act, CQLR, c. I-13.3, s 461

1. Behavioural Competency

A behavioural competency describes the actions and the results expected of the student. It consists of the following features:

- The *statement of the competency* is the result of the job analysis, the orientations and general goals of vocational training and other determinants.
- The *elements of the competency* correspond to essential details that are necessary in order to understand the competency and are expressed in terms of specific behaviours. They refer to the major steps involved in performing a task or to the main components of the competency.
- The *achievement context* corresponds to the situation in which the competency is exercised at entry-level on the job market. The achievement context attempts to recreate an actual work situation but does not describe a learning or evaluation situation.
- The *performance criteria* define the requirements to be respected. They may refer to elements of the competency or to the competency as a whole. When associated with a specific element, performance criteria are used to judge whether a competency has been acquired. When associated with the competency as a whole, the criteria describe the requirements for performing a task or activity and provide information on the expected level of performance or the overall quality of a product or service.

2. Situational Competency

A situational competency describes the situation in which students are placed to acquire learning, and allows for actions and results to vary from one student to another. It consists of the following features:

- The *statement of the competency* is the result of the job analysis, the orientations and general goals of vocational training and other determinants.
- The *elements of the competency* outline the essential aspects of the competency and ensure a better understanding of the competency with respect to the expected outcome. The elements of the competency are fundamental to the implementation of the learning situation.
- The *learning context* provides a broad outline of the learning situation designed to help the students develop the required competency. It is normally divided into three key phases of learning: information, participation and synthesis.
- The *instructional guidelines* provide reference points and means for teachers to ensure that learning takes place and that the context in which it occurs is always the same. These guidelines may include general principles or specific procedures.
- The *participation criteria* describe requirements that the students must meet when participating in learning activities. They focus on how the students take part in the activities rather than on the results obtained. Participation criteria are normally provided for each phase of the learning situation.

Competency-Related Knowledge and Know-How

Competency-related knowledge and know-how, together with related guidelines, are provided for information purposes. Competency-related knowledge and know-how define the essential and meaningful learning that students must acquire in order to apply and continue to develop the competency. They are in keeping with the job market and are accompanied by guidelines that provide information about the field of application, level of complexity and learning content. They generally encompass learning associated with knowledge, skills, strategies, attitudes, perceptions, etc.

Duration

The total duration of the program is compulsory and must be observed. It consists of teaching time, which includes time for the evaluation of learning and for enrichment or remedial activities, depending on the students' needs. The duration indicated for a given competency refers to the amount of time needed to develop the competency.

The amount of teaching time corresponds to the amount of time allotted to training, which is established during program development as the average amount of time needed to acquire a competency and evaluate learning. This duration is helpful in organizing training.

Credit

A credit is a unit used for expressing the quantitative value of each competency. One credit corresponds to 15 hours of training.

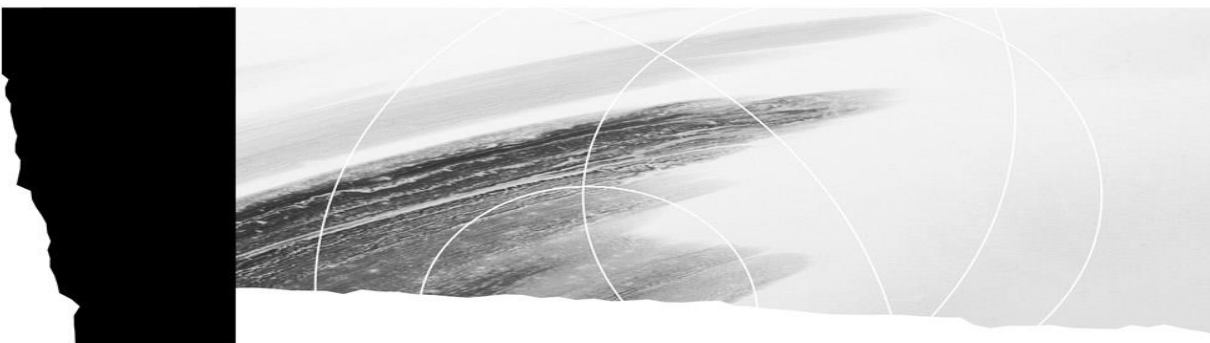
Aspects of Program Implementation

Program-Based Approach

The program-based approach is founded on a comprehensive view of a program of study and its components (e.g. goals, educational aims, competencies). It requires concerted action among all players involved, from the initial stages of program design and development, to program implementation and evaluation. It consists in ensuring that all of the actions and activities proposed are based on the same aims and take into account the same orientations. For students, the program-based approach makes training more meaningful as it presents learning as a coherent whole.

Competency-Based Approach

In vocational training, the competency-based approach is based on a teaching philosophy that is designed to help students mobilize their own individual sets of resources in order to act, succeed and evolve in different contexts, according to established performance levels with all the required knowledge and know-how (e.g. skills, strategies, attitudes, perceptions).



5849

Hair Removal

Year of approval: 2016

Certification:	Attestation of Vocational Specialization
Number of credits:	36
Number of competencies:	8
Total duration:	540 hours

To be eligible for admission to the *Hair Removal* program, candidates must meet one of the following requirements:

Hold one of the following Diplomas of Vocational Studies (DVSs) or have been granted recognition of equivalent learning:

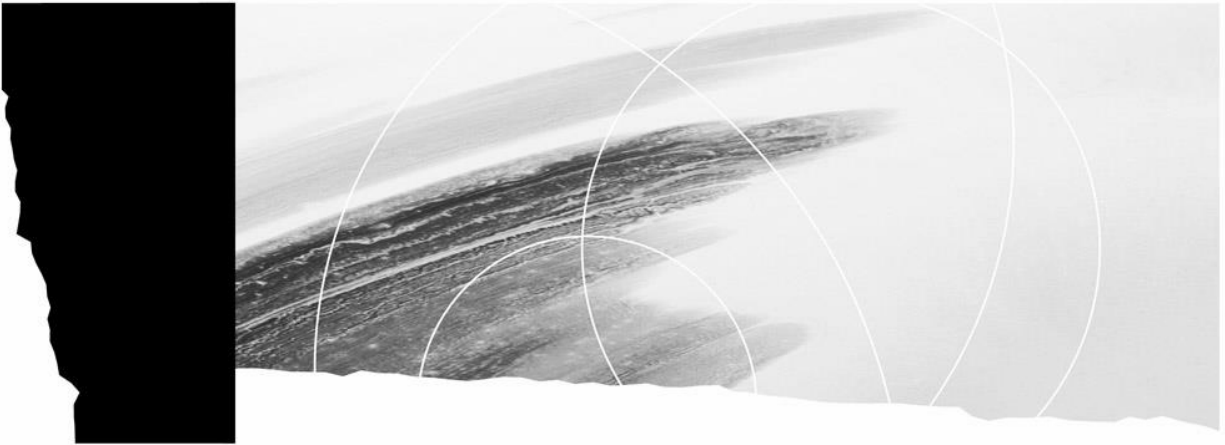
- 5535 Aesthetics (old version)
- 5339 Esthétique

OR

- Practise a trade or occupation related to the program of study.

The duration of the program is 540 hours, which includes 405 hours spent on the specific competencies required to practise the occupation and 135 hours on general, work-related competencies. The program of study is divided into eight competencies, which vary in length from 15 to 120 hours. The total hours allocated to the program include time devoted to teaching, evaluation of learning and enrichment or remedial activities.

Competency	Code	Number	Hours	Credits
The Occupation and the Training Process	917711	1	15	1
Prevention, Health and Safety	917722	2	30	2
The Skin and Hair	917732	3	30	2
Consultation	917744	4	60	4
Thermolysis	917757	5	105	7
Blend Method	917764	6	60	4
Electrolysis	917778	7	120	8
Photoepilation	917788	8	120	8



Part I

Program Goals

Educational Aims

Statements of the Competencies

Grid of Competencies

Harmonization

Program Goals

The *Hair Removal* program prepares students to practise the occupations of electrologist and laser hair removal technician.

Hair removal specialists are trained and qualified to inform clients about the different hair removal methods and to remove hair from the face, neck or body with a view to improving physical appearance, mitigating unwanted hair growth associated with hereditary factors or imbalances in the endocrine system, or relieving physical discomfort, while improving physical and mental well-being.

They also assess whether clients are candidates for hair removal treatment, inform them of the frequency, duration and results of the treatment and give advice. Hair removal specialists greet clients, sell products and services, perform daily management tasks and maintain the work area and equipment.

The program goals of the *Personal Hair Removal* program are based on the general goals of vocational training. These goals are as follows:

- To help students develop effectiveness in the practice of a trade or occupation, that is:
 - to teach students to perform roles, functions, tasks and activities associated with the trade or occupation upon entry into the job market
 - to prepare students to progress satisfactorily on the job (which implies having the technical and technological knowledge and skills in such areas as communication, problem solving, decision making, ethics, health and safety)
- To help students integrate into the work force, that is:
 - to familiarize students with the job market in general, and with the specific context of their chosen trade or occupation
 - to familiarize students with their rights and responsibilities as workers
- To foster students' personal development and acquisition of occupational knowledge, skills, perceptions and attitudes, that is:
 - to help students develop their autonomy and ability to learn, and acquire effective work methods
 - to help students understand the principles underlying the techniques and the technology used in the trade or occupation
 - to help students develop self-expression, creativity, initiative and entrepreneurial spirit
 - to help students adopt the attitudes required to successfully practise the trade or occupation, and instill in them a sense of responsibility and a concern for excellence
- To promote job mobility, that is:
 - to help students develop positive attitudes toward change
 - to help students develop the means to manage their careers by familiarizing them with entrepreneurship

Educational Aims

The aim of the *Personal Hair Removal* program is to help students develop attitudes and behaviours that representatives from education and the field deem essential to the practice of the occupation:

- Foster the ability to establish a relationship of trust with clients.
- Develop respect for clients' privacy.
- Develop a sense of responsibility.
- Develop their ability to make decisions and establish causal relationships.
- Foster respect for professional ethics.

Statements of the Competencies

List of Competencies

- Determine their suitability for the occupation and the training process.
- Prevent health and safety risks in hair removal.
- Observe the appearance of the skin and hair and the effects of the hair removal methods.
- Carry out a consultation with a view to suggesting a hair removal program.
- Remove hair from different areas of the body using thermolysis.
- Remove hair from different areas of the body using the blend method.
- Remove hair from the face and neck using electrolysis.
- Remove hair using photoepilation.

Grid of Competencies

The grid of competencies shows the relationship between general competencies, which correspond to work-related activities, and specific competencies, which are required to practise the particular trade or occupation.

The general competencies appear on the horizontal axis and the specific competencies, on the vertical axis. The symbol (○) indicates a correlation between a general and a specific competency. Shaded symbols indicate that these relationships have been taken into account in the acquisition of specific competencies. The logic used in constructing the grid influences the course sequence. Generally speaking, this sequence follows a logical progression in terms of the complexity of the learning involved and the development of the students' autonomy. The vertical axis presents the specific competencies in the order in which they should be acquired and serves as a point of departure for determining how all of the competencies will be taught.

GRID OF COMPETENCIES								
SPECIFIC COMPETENCIES	Competency number	Type of competency	Duration (in hours)	GENERAL COMPETENCIES				TOTAL
				Determine their suitability for the occupation and the training process	Prevent health and safety risks in hair removal	Observe the appearance of the skin and hair and the effects of the hair removal methods	Carry out a consultation with a view to suggesting a hair removal program	
HAIR REMOVAL								
Competency number				1	2	3	4	135
Type of competency				S	B	B	B	
Duration (in hours)				15	30	30	60	
Remove hair from different areas of the body using thermolysis	5	B	105	○	●	●	●	
Remove hair from different areas of the body using the blend method of hair removal	6	B	60	○	●	●	●	
Remove hair from the face and neck using electrolysis	7	B	120	○	●	●	●	
Remove hair using photoepilation	8	B	120	○	●	●	●	
Total of duration			405					540

Links between the general competencies and the specific competencies

- : Existence of a link
●: Application of a link

Links between the work process and the specific competencies

- △: Existence of a link
▲: Application of a link

Harmonization

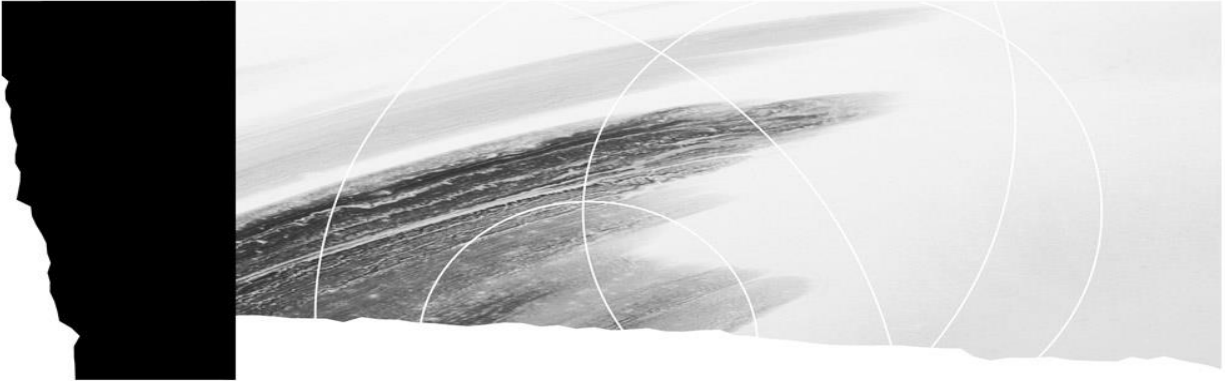
The Ministère de l'Éducation et de l'Enseignement supérieur harmonizes its vocational and technical programs by establishing similarities and continuity between secondary- and college-level programs within a particular sector or between sectors in order to avoid overlap in program offerings, to recognize prior learning and to optimize the students' progress.

Harmonization establishes consistency between training programs and is especially important in ensuring that the tasks of a trade or occupation are clearly identified and described. Harmonization makes it possible to identify tasks requiring competencies that are common to more than one program. Even if there are no common competencies, training programs are still harmonized.

Harmonization is said to be “inter-level” when it focuses on training programs at different levels, “intra-level” when it focuses on programs within the same educational level, and “inter-sector” when carried out between programs in various sectors.

An important aspect of harmonization is that it allows the common features of competencies to be identified and updated as needed. Common competencies are those that are shared by more than one program; once acquired in one program, they can be recognized as having been acquired in another. Competencies with exactly the same statement and elements are said to be identical. Common competencies that are not identical but have enough similarities to be of equal value are said to be equivalent.

The *Hair Removal* program does not share any competencies with other programs at this time.



Part II

Program Competencies

Competency 1 Duration 15 hours Credit 1

Situational Competency

Statement of the Competency

Determine their suitability for the occupation and the training process.

Elements of the Competency

- Be familiar with the nature of the occupation.
- Understand the training process.
- Confirm their career choice.

Learning Context

Information Phase

- Learning about the job market in hair removal
- Learning about the nature and requirements of the occupation
- Learning about the health and safety risks in hair removal
- Learning about the rules of professional ethics
- Learning about hair removal trends and innovations and foreseeable developments
- Learning about the training process
- Learning how to develop their competencies during their training and throughout their career
- Sharing their initial reactions to the occupation and the training process

Participation Phase

- Presenting the information gathered from meetings with specialists and discussing their perception of the occupation: advantages, disadvantages, requirements
- Discussing the skills, aptitudes and knowledge needed to practise the occupation
- Discussing the program of study as it relates to the occupation

Synthesis Phase

- Producing a report in which they:
 - sum up their aptitudes and interests with regard to the occupation
 - assess their career choice by comparing different aspects and requirements of the occupation with their preferences, aptitudes and interests

Instructional Guidelines

- Create a climate in which students can express themselves freely
- Organize a meeting with specialists in the field
- Motivate students to participate in the proposed activities
- Provide students with the means to assess their career choice objectively

Participation Criteria

Information Phase

- Gather information on most of the topics to be covered
- Recognize the importance of occupational health and safety
- Recognize the importance of customer service and professional ethics
- Present their views on the occupation, making connections with the information gathered

Participation Phase

- Participate actively in the activities organized
- Share their perception of the program of study
- Give their opinions on some requirements for practising the occupation

Synthesis Phase

- Producing a report in which they:
 - sum up their preferences, interests and aptitudes with respect to the occupation
 - explain their career choice, clearly making the required connections

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each phase of the learning context, along with their attendant guidelines.

Information Phase

- Characteristics of the job market:
 - job prospects, working conditions, hiring criteria and remuneration, opportunities for promotion and transfer
 - Advantages and disadvantages of self-employment
- Occupational health and safety, ergonomics
- Nature and requirements of the occupation: types of tasks, responsibilities, importance of customer service and professional ethics, etc.
- Hair removal trends and innovations
- Means of developing their competencies, hair removal network (associations and their activities: congresses, seminars, conferences), list of suppliers and retailers (training), keeping an eye on trends and new technologies

Participation Phase

- Characteristics and requirements of the training process: program of study, evaluation, certification of studies, volume of work required, rules, student services, schedule, etc.
- Connection between program competencies and tasks, operations, knowledge and skills

Synthesis Phase

- Possible presentation methods
- Report on their strengths and weaknesses as they relate to the occupation

Competency 2

Duration 30 hours

Credits 2

Behavioural Competency

Statement of the Competency

Prevent health and safety risks in hair removal.

Achievement Context

- At a workstation
- Using the necessary equipment, appliances, materials and products

Elements of the Competency**Performance Criteria**

1. Take measures to protect their health and safety and that of their clients.

- Proper application of safety rules
- Demonstration of appropriate behaviours with respect to hazardous materials
- Clothing compliant with hygiene and safety rules
- Work postures compliant with safety rules
- Proper use of accessories designed to:
 - maintain or improve their work posture
 - ensure their clients' comfort
- Appropriate suggestion of preventive measures and means of reducing the harmful effects of electric current and light

2. Take precautions to avoid contamination.

- Accurate identification of work situations that involve risks of infection or contagion
- Use of preventive measures appropriate to the types of infection possible and the situation as a whole
- Observance of the rules of personal hygiene
- Appropriate disposal of materials that could involve a risk of contamination
- Constant concern for a clean and tidy workstation
- Observance of the procedures for equipment, materials and products for asepsis
- Hygienic handling of products
- Observance of rules for storing products

3. Apply the safety rules for handling and maintaining materials, appliances and equipment.

- Recognition of the risk factors involved in handling and using equipment, appliances and materials
- Safe application of cleaning techniques
- Methodical inspection of equipment, appliances and materials
- Safe handling of equipment, appliances and materials

- Preventive maintenance of equipment, appliances and materials
 - Accurate perception of the need to replace equipment, appliances and materials
 - Safe storage of equipment, appliances and materials
4. React in an emergency situation.
- Recognition of signs or indications of adverse skin reactions
 - Effective demonstration of appropriate behaviours in an emergency situation
 - Quick, accurate identification of emergency facilities and resource people
 - Correct application of emergency procedures
 - Clear, accurate description of the facts when help arrives

For the competency as a whole:

- Clean, tidy work area and materials
- Effective use of reference documents
- Concern for protecting their health and safety and that of others

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Situate the competency with respect to the occupation | <ul style="list-style-type: none"> • Purpose of the competency • Links with competencies 3, 4, 5, 6, 7 and 8 |
| <ul style="list-style-type: none"> ▪ Apply preventive measures | <ul style="list-style-type: none"> • Provincial occupational health and safety regulations • Impact of lack of vigilance in the execution of occupational tasks • Attitudes and behaviours: vigilance, judgment and reliability |
| <ul style="list-style-type: none"> ▪ Recognize the importance of a sense of responsibility and the ability to work independently | <ul style="list-style-type: none"> • Responsibilities • Possible initiatives and decisions • Available resources |
| <ul style="list-style-type: none"> ▪ Adapt to specific situations | <ul style="list-style-type: none"> • Skin reactions occurring despite the application of preventive measures • Specific types of clients |
| <ul style="list-style-type: none"> ▪ Use terminology related to prevention, health and safety in hair removal | <ul style="list-style-type: none"> • Commonly used terminology |

1. Take measures to protect their health and safety and that of their clients.

- Apply safety rules
 - Location of safety devices
 - Safe work areas
 - Safety rules associated with the tasks of the occupation
 - Act respecting occupational health and safety
 - Public Health Protection Act
 - Preventive measures and means of reducing the harmful effects of electric current and light
- Apply the rules of ergonomics
 - Workstation
 - Work postures
 - Positioning of clients
 - Some knowledge of the musculoskeletal system
 - Ergonomic accessories: characteristics and instructions for use
- Manage their stress
 - Characteristics: definition, sources, effects and possible applications
 - Preventive measures
 - Attitudes and behaviours with respect to stress management

2. Take precautions to avoid contamination.

- Recognize work situations involving a risk of contamination
 - Determination of factors involving some risk: types of infections; contagion; personal and occupational hygiene; handling of appliances, materials and products; methods of storing products
 - Recognition of means of transmission: types of bacteria and viruses
- Apply preventive measures
 - Reasons, characteristics and connections with occupational tasks
 - Method of disinfecting their hands
 - Application of personal and occupational hygiene rules
 - Disposal of materials that could involve a risk of contamination
- Apply asepsis and sterilization techniques
 - Disinfectants, instructions and possible risks
 - Reading of labels and pictograms
 - Use of appliances, accessories and products for asepsis and sterilization
 - Application of the rules for storing products
 - Asepsis methods

3. Apply the safety rules for handling and maintaining materials, appliances and equipment.
 - Use equipment, appliances and materials
 - Connection between the equipment, appliances and materials used and occupational tasks
 - Application of the rules for handling equipment, appliances and materials according to the manufacturers' instructions
 - Maintain workstations and the premises
 - Maintenance techniques
 - Inspection of equipment, appliances and materials
 - Identification of the need for replacement products and follow-up with service providers
 - Preventive maintenance: application of cleaning techniques and storage methods
 - Maintenance materials and products
4. React in an emergency situation.
 - Recognize emergency situations related to occupational tasks
 - Apply a procedure in an emergency situation
 - Skin reactions: allergies, intolerance, hypersensitivity
 - Recognition of possible means: actions, physical and material resources
 - Application of procedure
 - Possible impact of inappropriate behaviour

Competency 3

Duration 30 hours

Credits 2

Behavioural Competency

Statement of the Competency

Observe the appearance of the skin and hair and the effects of the hair removal methods.

Achievement Context

- With a client present
- Taking into account human anatomy, physiology and pathologies of the hair and the integumentary and endocrine systems
- Using the necessary documents
- Within the limits of the occupation

Elements of the Competency**Performance Criteria**

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> 1. Recognize the factors that affect the appearance of the skin and hair. | <ul style="list-style-type: none"> • Recognition of the main characteristics of the skin and hair • Recognition of the main abnormalities and conditions of the skin and hair • Accurate recognition of the role and function of the endocrine system and its effects on the appearance of the skin and hair • Recognition of the factors that affect the growth of body hair |
| <ol style="list-style-type: none"> 2. Identify the different effects of the application of electric current to the body. | <ul style="list-style-type: none"> • Accurate recognition of the physiological effects of the application of electric current to the body • Well-founded links between the types of electric current used in hair removal and their effects on the integumentary system • Accurate recognition of the limitations of electrolysis |
| <ol style="list-style-type: none"> 3. Identify the different effects of the application of light to the body. | <ul style="list-style-type: none"> • Accurate recognition of the physiological effects of the application of light to the body • Well-founded links between the types of light used in hair removal and their effects on the integumentary system • Accurate recognition of the limitations of photoepilation |
| <ol style="list-style-type: none"> 4. Recognize hair removal situations in which precautions must be taken. | <ul style="list-style-type: none"> • Accurate recognition of the main health problems presenting a risk or contraindicating hair removal • Accurate recognition of the health conditions requiring medical authorization • Appropriate recognition of the indications and contraindications associated with the application of different types of electric current |

- Appropriate recognition of the indications and contraindications associated with photoepilation

For the competency as a whole:

- Use of appropriate terminology
- Effective use of reference documents

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

- | | |
|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| ▪ Situate the competency with respect to the occupation | • Purpose of the competency |
| | • Links with competencies 2, 3, 5, 6, 7 and 8 |
| ▪ Construct an overall picture of the client's general health | • Establishment of connections between the client's general health and hair removal (educational aim 4) |
| ▪ Recognize the limitations of the occupation | • Resources available and responsibilities |
| ▪ Use terminology associated with the appearance of the skin and hair | • Commonly used terminology |

1. Recognize the factors that affect the appearance of the skin and hair.

- | | |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| • Recognize the main anatomical and physiological characteristics of the skin and the pilosebaceous unit | • Anatomical and physiological characteristics: <ul style="list-style-type: none"> – general structure and functions of the skin – structure and operation of the pilosebaceous unit – phases of body hair growth |
| | • Characteristics of skin and hair: texture, sensitivity, pigmentation, condition, etc. |
| | • Characteristics of skin phototypes |
| | • Recognition of the main abnormalities and conditions of the skin and hair |
| | • Meaning of medical prefixes and suffixes |
| • Recognize the main characteristics of the endocrine system | • Anatomical and physiological characteristics: structure and functions of the endocrine system |
| • Recognize the effects of the endocrine system on the appearance of skin and hair | • Factors that affect hormone secretion |
| | • Role and effects of hormones on hair growth |
| | • Effects of hormonal changes |
| | • Recognition of the negative effects of endocrine disorders on the hair |

- Recognize the factors that affect hair growth
 - Heredity
 - Medication
 - Temporary methods used
2. Identify the different effects of the application of electric current on the body.
- Recognize the physiological effects of the application of electric current on the body
 - Types of electric current used in hair removal
 - Risks and contraindications associated with the use of electric current on the human body
 - Pain caused by electrolysis
 - Cutaneous and nervous manifestations at the electrolysis site
 - Changes to the pilosebaceous unit after electrolysis
 - Reasons for the resistance and regrowth of hair
3. Identify the different effects of the application of light on the body.
- Recognize the physiological effects of the application of light on the body
 - Types of light used in hair removal
 - Risks and contraindications associated with the application of light on the human body
 - Pain caused by photoepilation
 - Cutaneous and nervous manifestations at the photoepilation site
 - Reasons for the resistance and regrowth of hair
4. Recognize hair removal situations in which precautions must be taken.
- Recognize the health problems presenting a risk or contraindicating hair removal
 - Details related to the client's general health
 - Cases requiring medical authorization for hair removal
 - Recognition and description of skin abnormalities
 - Recognize hair removal methods associated with risks or contraindications
 - Types of methods
 - Principal risks and contraindications
 - Recognize the main medications likely to have an effect on the appearance of the hair
 - Types of medications and their effects on hair

Behavioural Competency

Statement of the Competency

Carry out a consultation with a view to suggesting a hair removal program.

Achievement Context

- With a client present and in the absence of contraindications
- At a workstation
- Using the necessary equipment, appliances, materials and products
- Using the necessary documents
- Using a hair removal and skin diagram

Elements of the Competency

Performance Criteria

- | | |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Prepare the workstation. | <ul style="list-style-type: none"> • Complete setup of workstation • Thorough inspection of equipment, appliances and materials |
| 2. Greet and prepare the client. | <ul style="list-style-type: none"> • Courteous greeting • Relevant information about the aim of the consultation and how it will be conducted • Comfortable and safe positioning of client for a skin and hair examination |
| 3. Identify the client's needs and expectations. | <ul style="list-style-type: none"> • Appropriate questions asked the client • Accurate recording of information provided • Reformulation of the client's needs and expectations • Attentive listening |
| 4. Examine the skin and hair. | <ul style="list-style-type: none"> • Preparation of the area(s) of the body to be examined • Accurate assessment of the appearance of the skin • Accurate assessment of the appearance of the hair • Accurate recording of the characteristics of the skin and hair that could contraindicate hair removal • Accurate recognition of the skin type • Clear recording of observations and findings on the client chart |
| 5. Inform the client about the different types of electrolysis and photoepilation. | <ul style="list-style-type: none"> • Clear description of the characteristics of each hair removal method • Accurate description of the advantages and disadvantages of each hair removal method |

- Relevant information given about the indications and contraindications for the different methods
 - Accurate pre-depilatory and post-depilatory instructions for each method
 - Description of the characteristics of the equipment, appliances and materials used for each hair removal method
 - Consideration of:
 - the client's general health
 - effects on the integumentary system
 - the desired results
 - possible ways of combining different methods
 - the areas of the body involved
 - cost
6. Determine the appropriate hair removal method(s) for the client.
- Consideration of the advantages and disadvantages of the different hair removal methods
 - Consideration of the potential contraindications of the different methods
 - Choice of appropriate method
 - Establishment of a relationship of trust with the client
 - Appropriate connections made between the client's general health, the appearance of the skin and hair, the area of the body to be treated and the choice of method
7. Do tests.
- Method of positioning the client consistent with the area(s) to be treated
 - Preparation of the area(s) of the body to be treated
 - Appropriate selection of equipment, appliances and accessories
 - Appliance's parameters properly set
 - Accurate assessment of the client's behaviour and reactions
 - Proper execution of hair removal technique
 - Regular evaluation of the quality of the work
 - Verification of the client's level of satisfaction
 - Openness to criticism
 - Suggestion of another appropriate method, if applicable
 - Appropriate use of post-depilatory products and techniques
8. Present the hair removal program.
- Confirmation of method with the client
 - Correct determination of accurate and realistic objectives
 - Realistic determination of the frequency and duration of hair removal sessions

- Recommended program consistent with the client's needs and expectations
 - Clear and accurate information about the cost of services and products
 - Language adapted to the client
 - Verification that the client has understood
 - Complete and compliant recording of personalized program
9. Perform the final steps.
- Complete information on the client chart
 - Clear, effective communication
 - Appropriate verification of the client's interest in making another appointment
10. Maintain and tidy up the work area.
- Appropriate storage
 - Constant concern for preventive maintenance
 - Safe handling of materials and products

For the competency as a whole:

- Observance of asepsis, hygiene, health and safety rules
- Attention to broken and ingrown hairs and to any skin damage
- Use of appropriate terminology
- Well-groomed, professional appearance
- Effective use of reference documents
- Consideration of the client's level of satisfaction

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

- | | |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Situate the competency with respect to the occupation | <ul style="list-style-type: none"> ▪ Purpose of the competency ▪ Links with all other competencies |
| <ul style="list-style-type: none"> ▪ Adapt to the client's specific characteristics | <ul style="list-style-type: none"> • Recognition of the details of the client's medical history • Recognition of the characteristics of skin and hair depending on race, age and gender |
| <ul style="list-style-type: none"> ▪ Recognize the importance of working independently | <ul style="list-style-type: none"> ▪ Sense of responsibility ▪ Available resources (educational aim 3) |
| <ul style="list-style-type: none"> ▪ Ensure quality | <ul style="list-style-type: none"> ▪ Adoption of professional attitudes and behaviours ▪ Rules of professional ethics (educational aim 5) |

- Use terminology related to the different hair removal methods
 - Commonly used terminology
1. Prepare the workstation.
 - Prepare the equipment, appliances and materials
 - Selection of equipment, appliances and materials
 - Disinfection of equipment, appliances and materials
 - Set-up of equipment, appliances and materials for a skin examination
 - Set up the chair
 - Working position
 - Set-up of accessories to ensure the client's comfort
 2. Greet and prepare the client.
 - Apply greeting techniques
 - Characteristics of greeting techniques: attitudes, behaviour and courtesy
 - Management of client
 - Method for positioning the client for the skin examination
 - Ensure the client's comfort
 - Use of accessories to ensure the client's comfort
 3. Identify the client's needs and expectations.
 - Recognize the client's motivation for engaging in a hair removal program
 - Determination of priority needs
 - Use of questioning and rephrasing techniques
 4. Examine the skin and hair.
 - Prepare the client's skin
 - Disinfection, segmentation and shaving as required
 - Recognize the possible signs of contraindication of hair removal
 - Isolation of the area that could present a contraindication
 5. Inform the client about the different types of electrolysis and photoepilation.
 - Provide information about hair removal methods.
 - Types of hair removal methods
 - General description of hair removal methods: advantages, disadvantages, limitations and contraindications
 - Comparison of the different methods
 - Electrolysis: progressively Hair Removal method
 - Photoepilation: permanent hair reduction method
 - Use of visual aids to help with explanations (e.g. hair removal and skin diagram)
 - Costs of the different methods

- Describe the equipment, tools and appliances
 - Describe the products used
 - Explain to the client the hair removal methods suited to his or her needs
 - Inform the client about hair removal trends and innovations
- Types of equipment, tools and appliances
 - Association of the different methods with the equipment, tools and appliances used
 - Types of products
 - Association of the methods with the products used
 - Justification of choice of hair removal method adapted to the client's needs
 - Relationship between the skin's anatomical and physiological characteristics and the hair removal methods
 - Sources of information
 - Comparison between known hair removal methods and new techniques
 - Trends, innovations and new technologies
 - Openness, curiosity and good judgment
6. Determine the appropriate hair removal method(s) for the client.
- Choose the method(s)
 - Validate the choice of hair removal method(s)
- Selection criteria based on the type of hair, the appearance of the skin and the client's budget
 - Choice of method based on the client's needs, expectations and level of sensitivity, potential contraindications and the characteristics of the hair
7. Do tests.
- Apply the hair removal technique
 - Apply post-depilatory techniques or products
- Adjustment of appliance
 - Validation of the client's tolerance threshold
 - Verification of skin reactions
 - Use of post-depilatory products or techniques aimed at soothing skin reactions
8. Present the hair removal program.
- Explain the personalized hair removal program
 - Give the client a copy of the hair removal program
- Presentation of criteria for the program's success
 - Determination of precise and realistic objectives based on the client's availability, needs and expectations
 - Frequency and duration of sessions
 - Cost of services, products and pre-depilatory and post-depilatory care
 - Verification that the client has understood
 - Criteria for preparing a hair removal program

9. Perform the final steps.

- Fill out the client chart
- Note-taking method
- Specific information to be included: settings, filaments used, duration of session, skin reactions, pre-depilatory and post-depilatory information given to client, comments, costs, etc.

10. Maintain and tidy up the work area.

- Clean the work area
- Choice of products
- Directions for use
- Cleaning techniques
- (See Competency 2)
- Store equipment, appliances, materials and products
- Storage method and location
- Preventive maintenance
- Inspection of equipment
- Storage

Competency 5 Duration 105 hours Credits 7

Behavioural Competency

Statement of the Competency

Remove hair from different areas of the body using thermolysis.

Achievement Context

- At a workstation
- With a client present
- Using the necessary equipment, appliances, materials and products
- Wearing gloves
- Using the necessary documents
- Using a hair removal and skin diagram
- Working on different areas of the body, excluding the face and neck

Elements of the Competency**Performance Criteria**

1. Prepare the workstation.

- Appropriate choice of equipment, appliances, materials and products
- Safe preparation of equipment, appliances and materials
- Efficient setup of work area
- Cleanliness of work area

2. Greet and prepare the client.

- Personalized greeting
- Appropriate positioning to ensure the client's comfort and well-being
- Establishment of a relationship of trust with the client
- Demonstration of discretion and respect

3. Gather information.

- Recording of all information on the client chart
- Determination of the main health problems that could contraindicate hair removal or require additional precautions
- Use of professional language adapted to the client
- Accurate recognition of the client's needs and expectations
- Relevant information obtained from the client
- Clear, accurate recording of relevant information on the client chart

4. Inform the client about thermolysis.

- Clear description of the characteristics of thermolysis
- Accurate description of the advantages and disadvantages of thermolysis
- Relevant information given about the indications and contraindications for thermolysis

- Accurate pre-depilatory and post-depilatory instructions for thermolysis
 - Description of the specific characteristics of the equipment, appliances and materials used in thermolysis
 - Consideration of:
 - the client's general health
 - effects on the integumentary system
 - the desired results
 - possible ways of combining different methods
 - the areas of the body involved
 - cost
5. Examine the skin and hair.
- Appropriate preparation of the area(s) of the body to be examined
 - Appropriate use of the equipment and materials needed for the examination
 - Visual inspection of the skin and hair
 - Accurate observations concerning the appearance of the skin
 - Accurate observations concerning the appearance of the hair
 - Recognition of the signs of disorders of the systems of the human body
 - Accurate recording of the characteristics of the skin and hair that could contraindicate hair removal or require additional precautions
 - Appropriate information recorded on the client chart
6. Prepare the appliance and the materials.
- Accurate assessment of the materials needed
 - Functional organization of materials
 - Appropriate choice of filament based on:
 - the thickness of the hair
 - the area of the body
 - Appropriate insertion of filament into holder
7. Perform thermolysis.
- Appropriate lighting
 - Correct determination of the intensity and duration of the current
 - Preparation of the area(s) of the body to be treated
 - Good judgment and observation skills
 - Conformity of technique for inserting the filament and removing hair
 - Dexterity and precision
 - Coordinated actions
 - Accurate determination of the cause of resistance of the hair
 - Correct assessment of the depth of the follicle

- Attention to possible skin reactions and the client's sensitivity
 - Effective use of equipment and appliances
 - Absence of skin damage
- 8. Carry out the post-depilatory steps.
 - Appropriate disposal of materials that could involve a risk of contamination
 - Application of techniques and products aimed at soothing skin reactions
 - Accurate communication of pre-depilatory and post-depilatory instructions and advice
 - Relevant recommendations for complementary products and services
- 9. Perform administrative tasks.
 - Clear recording of treatments given and products used or sold on the client chart
 - Accurate billing calculations
 - Appropriate procedure depending on method of payment
 - Accurate recording of next appointment
- 10. Maintain and tidy up the work area.
 - Appropriate maintenance
 - Safe storage of equipment, appliances, materials and products

For the competency as a whole:

- Use of appropriate terminology
- Observance of hygiene, asepsis, health and safety rules
- Adoption of professional attitudes and behaviours
- Concern for ensuring the client's privacy

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

- | | |
|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Situate the competency with respect to the occupation | <ul style="list-style-type: none"> • Purpose of the competency • Links with competencies 2, 3 and 4 |
| <ul style="list-style-type: none"> ▪ Adopt professional attitudes and behaviours | <ul style="list-style-type: none"> • Rules of professional ethics (educational aim 5) • Professional behaviours (educational aim 2) |
| <ul style="list-style-type: none"> ▪ Use terminology associated with thermolysis | <ul style="list-style-type: none"> • Commonly used terminology |

1. Prepare the workstation.

- Make sure that the area and equipment are clean
- Plan the setup of the workstation
- Install the hair removal appliance
- (Review of Competency 2)
- Characteristics of a functional workstation
- Installation instructions:
 - Safe positioning of appliance
 - Connection of wires and accessories
- Rules for handling the appliance

2. Greet and prepare the client.

- Apply greeting techniques
- Describe the thermolysis session
- Characteristics of greeting techniques
 - Attitudes and behaviours
 - Rules of courtesy
- Use of professional language
- Management of client
- Establishment of a relationship of trust and well-being (educational aim 1)
- Goal
- Stages and duration
- Answers to client's questions

3. Gather information.

- Learn about the client's hair removal habits and the products he or she uses at home
- Learn about the client's needs and expectations with respect to hair removal
- (Review of Competency 4)
- Information about prior and current hair removal treatments, methods and frequency
- Advantages and disadvantages of hair removal methods used previously
- Effect on the desired results for hair removal using thermolysis
- Pre-depilatory and post-depilatory products used at home
- (Review of Competency 4)
- Application of questioning techniques
- Establishment of connections with the client's hair removal history (educational aim 4)

4. Inform the client about thermolysis.

- Describe thermolysis
- Description
- Advantages and disadvantages
- Limitations and contraindications
- Appropriate pre-depilatory and post-depilatory instructions for thermolysis
- Information about costs

- Describe the equipment, appliances and tools
 - Describe the products used
 - Types of equipment, appliances and tools
 - Operation
 - Types of products
 - Goals and effects on the skin
 - Choice based on the needs of the skin
5. Examine the skin and hair.
- Use the equipment and appliances needed to examine the skin and hair
 - Recognize the possible signs of contraindication of thermolysis
 - Construct an overall picture of the appearance of the skin and hair
 - Perform a thorough examination of the skin and hair
 - (Review of Competency 4)
 - Main skin and hair abnormalities observed
 - Main skin and hair conditions observed
 - Medical procedures undergone (educational aim 4)
 - (Review of Competency 3)
 - (Review of Competency 4)
6. Prepare the appliance and the materials.
- Select the materials for thermolysis
 - Install the filament
 - Determination of the necessary materials
 - Types of thermolysis filaments: main components
 - Criteria for selecting filaments: thickness of hair, area of the body, client's sensitivity, advantages, disadvantages and limitations
 - Types of tweezers: main components
 - Selection criteria:
 - Quality and effectiveness
 - Advantages and disadvantages
 - Precautions and characteristics associated with the use of different types of filaments
 - Procedure for installing filament in holder
7. Perform thermolysis.
- Apply pre-depilatory products
 - Ensure the client's comfort
 - Choice of pre-depilatory products
 - Use of products: procedure
 - Instructions for positioning the client based on the areas of the body to be treated
 - Verification of evidence of the client's well-being or discomfort
 - Use of accessories: pads and arm rests

- Adapt their work position to the area of the body to be treated
 - Use different types of thermolysis appliances
 - Recognize the main factors that affect hair removal during the session
 - Adopt an effective work method
 - Verify the result of the work
 - Verify the client's level of satisfaction
8. Carry out the post-depilatory steps.
- Dispose of materials that could involve a risk of contamination
 - Apply post-depilatory techniques and products specific to thermolysis
- Positioning of clients
 - Factors that affect work position:
 - Setup of workstation
 - Use of accessories
 - Lighting
 - The client's flexibility
 - The client's level of modesty
 - Types of appliances: specific characteristics, advantages and limitations
 - Directions and handling instructions
 - Hair removal technique: procedure, depth and angle of insertion of the filament depending on the area of the body to be treated
 - Specific characteristics of the different areas of the body to be treated: hair growth, sensitivity and skin reactions
 - Duration and frequency of hair removal sessions
 - Client's tolerance threshold for thermolysis
 - Functional organization of materials
 - Maintenance of appropriate work postures
 - Coordination
 - Quality criteria for hair removal
 - Advantages of appropriate insertion of filament and negative consequences of inappropriate insertion
 - Evaluation criteria for the quality of the work
 - Problem-solving process: common problems and solutions
 - Verification of client's comfort
 - Interpretation of client's reactions: verbal and non-verbal signs
 - Safe handling of used filament
 - Disposal of materials in accordance with recommended hygiene and safety standards
 - Manufacturer's suggested application (e.g. disposable filament)
 - Choice of post-depilatory products based on the desired effects
 - Product directions
 - Post-depilatory techniques aimed at soothing skin reactions: main skin reactions, contraindications, use of appliances, effects

- Give pre-depilatory and post-depilatory instructions for thermolysis
 - Suggest complementary products and services
9. Perform administrative tasks.
- Fill out the client chart
 - Bill the client
 - Schedule appointments
10. Maintain and tidy up the work area.
- Sterilize and disinfect the materials and tools used for thermolysis
- Pre-depilatory and post-depilatory instructions
 - Verification that the client has understood
 - Sales techniques
 - Characteristics of complementary products and services
 - Concern for the client's priority needs
 - Importance of updating the client chart
 - Note-taking method
 - Specific information to be included: settings, filaments used, duration of session, skin reactions, pre-depilatory and post-depilatory information given to client, comments, costs, etc.
 - Calculation method
 - Payment methods
 - Use of equipment and machines
 - Use of equipment and machines
 - Information to be recorded
 - Use of sterilization appliances and disinfectants
 - Application of hygiene, health and safety rules
 - (Review of Competency 2)

Competency 6

Duration 60 hours

Credits 4

Behavioural Competency

Statement of the Competency

Remove hair from different areas of the body using the blend method.

Achievement Context

- At a workstation
- With a client present
- Using the necessary equipment, appliances, materials and products
- Wearing gloves
- Using the necessary documents
- Using a hair removal and skin diagram
- Working on different areas of the body, excluding the face and neck

Elements of the Competency

Performance Criteria

1. Prepare the workstation.

- Appropriate choice of equipment, appliances, materials and products
- Safe preparation of equipment, appliances and materials
- Efficient setup of work area
- Cleanliness of work area

2. Greet and prepare the client.

- Personalized greeting
- Appropriate positioning to ensure the client's comfort and well-being
- Establishment of a relationship of trust with the client
- Demonstration of discretion and respect

3. Gather information.

- Identification of all information on the client chart
- Determination of the main health problems that could contraindicate hair removal or require additional precautions
- Use of professional language adapted to the client
- Accurate recognition of the client's needs and expectations
- Relevant information obtained from the client
- Clear, accurate recording of relevant information on the client chart

4. Inform the client about the blend method of hair removal.

- Clear description of the characteristics of the blend method
- Accurate description of the advantages and disadvantages of the blend method

- Relevant information given about the indications and contraindications for the blend method
 - Accurate pre-depilatory and post-depilatory instructions for the blend method
 - Description of the specific characteristics of the equipment, appliances and materials used in this method
 - Consideration of:
 - the client's general health
 - effects on the integumentary system
 - the desired results
 - possible ways of combining different methods
 - the areas of the body involved
 - cost
5. Examine the skin and hair.
- Appropriate preparation of the area(s) of the body to be examined
 - Appropriate use of the equipment and materials needed for the examination
 - Accurate observations concerning the appearance of the skin
 - Accurate observations concerning the appearance of the hair
 - Recognition of the signs of disorders of the systems of the human body
 - Accurate recording of the characteristics of the skin and hair that could contraindicate hair removal
 - Complete and accurate recording of relevant information on the client chart
6. Prepare the appliance and the material.
- Safe and functional arrangement of appliance and materials
 - Accurate settings
 - Appropriate adjustment of appliance depending on the area of the body to be treated
 - Appropriate choice of filament based on:
 - the size of the hair
 - the area of the body
 - Appropriate insertion of filament into the holder
7. Apply the blend method of hair removal.
- Preparation of the area(s) of the body to be treated
 - Observance of appropriate wait time before removing the hair
 - Dexterous and precise application of hair removal technique
 - Correct adaptation of work postures depending on the area of the body to be treated

- Proper adaptation of postures conducive to the client's comfort
 - Consideration of the client's tolerance threshold
 - Accurate modification of settings
 - Absence of harm to the skin
- 8. Carry out the post-depilatory steps.
 - Appropriate disposal of materials that could involve a risk of contamination
 - Proper choice of post-depilatory methods
 - Pre-depilatory and post-depilatory information and instructions adapted to the client and the situation
 - Relevant recommendations for complementary products and services
- 9. Perform administrative tasks.
 - Clear recording of treatments given and products used or sold on the client chart
 - Accurate billing calculations
 - Appropriate procedure depending on method of payment
 - Accurate recording of next appointment
- 10. Maintain and tidy up the work area.
 - Appropriate cleaning and maintenance of work area and equipment
 - Thorough inspection of equipment, appliances and materials
 - Observance of disinfection and sterilization techniques
 - Economical use of cleansers

For the competency as a whole:

- Use of appropriate terminology
- Observance of hygiene, asepsis, health and safety rules
- Adoption of professional attitudes and behaviours
- Appropriate lighting

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

- Situate the competency with respect to the occupation
 - Recognition of the need to use the blend method of hair removal
 - Role and advantages of the blend method
 - Links with competencies 2, 3 and 4

- | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Recognize the importance of developing independence ▪ Adopt professional attitudes and behaviours ▪ Use terminology associated with the blend method of hair removal | <ul style="list-style-type: none"> • Responsibilities and decision-making (educational aims 3 and 4) • Available resources • Rules of professional ethics (educational aim 5) • Professional behaviours (educational aim 2) • Commonly used terminology |
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1. Prepare the workstation.

<ul style="list-style-type: none"> • Plan the setup of the workstation • Install the blend method appliance 	<ul style="list-style-type: none"> • Characteristics of a functional workstation • Instructions for installation: safe positioning of appliance, connection of wires, ground and accessories • Rules for handling the appliance
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 2. Greet and prepare the client.

<ul style="list-style-type: none"> • Apply greeting techniques • Describe the blended method 	<ul style="list-style-type: none"> • (See Competency 4) • Goal • Stages and duration • Answers to client's questions
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 3. Gather information.

<ul style="list-style-type: none"> • Learn about the client's hair removal habits and the products he or she uses at home • Learn about the client's needs and expectations with respect to hair removal 	<ul style="list-style-type: none"> • (Review of Competency 4) • Information about prior and current hair removal treatments, methods and frequency • Advantages and disadvantages of hair removal methods used previously • Effect on the desired results for hair removal using thermolysis • Pre-depilatory and post-depilatory products used at home • (See Competency 4) • Establishment of connections with the client's hair removal history (educational aim 4)
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 4. Inform the client about the blend method of hair removal.

<ul style="list-style-type: none"> • Describe the blend method of hair removal 	<ul style="list-style-type: none"> • Description • Advantages and disadvantages • Limitations and contraindications • Appropriate pre-depilatory and post-depilatory instructions for the method • Information about costs
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- Describe the equipment, tools and appliances
 - Describe the products used
5. Examine the skin and hair.
- Recognize the possible signs of contraindication of hair removal using the blend method
6. Prepare the appliance and the materials.
- Select the materials needed
 - Install the filament
7. Apply the blend method of hair removal.
- Apply pre-depilatory products
 - Perform anaphoresis
 - Choose the settings of the blend method appliance
- Types of equipment, tools and appliances
 - Operation
 - Types of products
 - Goals and effects on the skin
 - Choice based on the needs of the skin
 - Main skin and hair abnormalities observed
 - Main skin and hair conditions observed
 - Medical procedures undergone
 - Overall picture of the skin and hair
 - (Review of Competency 3)
 - Determination of the necessary materials
 - Types of thermolysis filaments: main components
 - Criteria for selecting filaments: thickness of hair, area of the body, client's sensitivity, advantages, disadvantages and limitations
 - Selection criteria: quality, effectiveness, advantages and disadvantages
 - Precautions and characteristics associated with the use of different types of filaments
 - Procedure for installing filament in holder
 - Choice of pre-depilatory products
 - Use of products: process
 - Goal
 - Effects on the skin
 - Technique
 - Directions for use
 - Criteria for selecting a pre-set hair removal program: types of programs and areas of the body to be treated
 - Criteria for selecting settings for personalized hair removal:
 - Areas of the body to be treated, type of hair and client's level of sensitivity
 - Causes of resistance and regrowth of hair
 - Factors that can change the intensity of the current

- Ensure the client's comfort
 - Adapt their work position to the area of the body to be treated
 - Recognize the main factors that affect hair removal during the session
 - Evaluate the client's tolerance threshold
 - Adopt an effective work method
 - Verify the result of the work
 - Verify the client's level of satisfaction
- Instructions for positioning the client based on the areas of the body to be treated
 - Verification of evidence of the client's well-being or discomfort
 - Use of accessories: pads and arm rests
 - Positioning of clients
 - Factors that affect the work position:
 - Setup of workstation
 - Use of accessories
 - Lighting
 - The client's flexibility
 - The client's level of modesty
 - Specific characteristics of the different areas of the body to be treated: hair growth, sensitivity and skin reactions
 - Duration and frequency of hair removal sessions
 - Client's tolerance threshold for the blend method of hair removal
 - Method of evaluating the client's tolerance threshold for the blend method of hair removal
 - Functional organization of materials
 - Maintenance of appropriate work postures
 - Coordinated actions
 - Observance of minimum insertion time
 - Determining influence of patience on the quality and effectiveness of hair removal
 - Quality criteria for hair removal
 - Importance of properly inserting the filament
 - Evaluation criteria for the quality of the work
 - Appliance settings based on the desired results
 - Verification of client's comfort
 - Interpretation of client's reactions: verbal and non-verbal signs
8. Carry out the post-depilatory steps.
- Dispose of materials that could involve a risk of contamination
 - Apply post-depilatory techniques and products specific to the blend method of hair removal
- (Review of competencies 5 and 6)
 - Choice of post-depilatory products based on the desired effects
 - Product directions
 - Post-depilatory techniques aimed at soothing skin reactions: main skin reactions, contraindications Use of appliances, effects

- Give post-depilatory instructions for the blend method of hair removal
 - Suggest complementary products and services
9. Perform administrative tasks.
- Fill out the client chart
 - Bill the client
 - Schedule appointments
10. Maintain and tidy up the work area.
- Sterilize and disinfect the materials and tools used for the blend method of hair removal
- Pre-depilatory and post-depilatory instructions
 - Verification that the client has understood
 - (Review of Competency 5)
 - (See Competency 5)
 - (See Competency 5)
 - (See Competency 5)
 - (Review of Competency 2)

Competency 7

Duration 120 hours

Credits 8

Behavioural Competency

Statement of the Competency

Remove hair from the face and neck using electrolysis.

Achievement Context

- At a workstation
- With a client present
- Using the necessary equipment, appliances, materials and products
- Wearing gloves
- Using the necessary documents
- Using a hair removal and skin diagram
- Using thermolysis and the blend method of hair removal

Elements of the Competency

Performance Criteria

1. Prepare the workstation.

- Appropriate choice of equipment, appliances, materials and products
- Safe preparation of equipment, appliances and materials
- Efficient setup of work area
- Cleanliness of work area

2. Greet and prepare the client.

- Personalized greeting
- Appropriate positioning to ensure the client's comfort and well-being
- Establishment of a relationship of trust with the client
- Demonstration of discretion and respect

3. Gather information.

- Identification of all information on the client chart
- Determination of the main health problems that could contraindicate hair removal or require additional precautions
- Use of professional language adapted to the client
- Accurate recognition of the client's needs and expectations
- Relevant information obtained from the client
- Clear, accurate recording of relevant information on the client chart

4. Examine the skin and hair.

- Appropriate preparation of the area(s) of the body to be examined
- Observance of steps in the skin and hair examination

- Accurate observations concerning the appearance of the skin
 - Accurate observations concerning the appearance of the hair
 - Accurate recording of the characteristics of the skin and hair that could contraindicate hair removal or require additional precautions
 - Comparison of their observations and the client's general health
 - Clear and detailed communication of observations
5. Determine the shape of the eyebrows.
- Accurate identification of client's needs and preferences
 - Observance of the morphology and proportions of the client's face in determining the shape of the eyebrows
 - Justification of choice of the shape of the eyebrows and corrective measures, if applicable
 - Concern for symmetry
6. Choose the appropriate hair removal method.
- Choice of method in accordance with the client's general health and the appearance of his or her skin and hair
 - Consideration of potential contraindications
 - Consideration of the advantages and disadvantages of the different methods
7. Apply the hair removal technique.
- Clear explanation of the goal of the treatment and the procedure
 - Correct adaptation of work postures depending on the area of the body to be treated
 - Appropriate preparation of surfaces to be treated
 - Dexterous and precise application of hair removal technique
 - Methodical and effective work
 - Accurate modification of appliance settings based on the client's sensitivity and the resistance of the hair
 - Consideration of potential skin reactions
 - Behaviours in accordance with safety rules for using electrical appliances
 - Absence of skin damage
8. Carry out the post-depilatory steps.
- Appropriate disposal of materials that could involve a risk of contamination
 - Overall inspection of hair removal
 - Ability to objectively evaluate their work
 - Proper application of post-depilatory products and techniques

- Observance of rules for handling and storing products
 - Clear advice and pre-depilatory and post-depilatory instructions
 - Relevant recommendations for complementary products and services
9. Perform administrative tasks.
- Clear recording of treatments given and products used or sold on the client chart
 - Correct use of billing procedures
 - Effective scheduling of appointments
 - Methodical filing of client chart
10. Maintain and tidy up the work area.
- Appropriate maintenance
 - Cleanliness of work areas and materials
 - Safe storage of materials and products

For the competency as a whole:

- Use of appropriate terminology
- Observance of hygiene, asepsis, health and safety rules
- Attention to broken and ingrown hairs and to any skin damage
- Adoption of professional attitudes and behaviours
- Appropriate lighting

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

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|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> ▪ Situate the competency with respect to the occupation | <ul style="list-style-type: none"> • Purpose of the competency • Links with competencies 2, 3 and 4 |
| <ul style="list-style-type: none"> ▪ Adapt to specific conditions | <ul style="list-style-type: none"> • Specific and unexpected situations • Adaptation to new equipment • Adaptation of work positions and client positioning based on possible restrictions |
| <ul style="list-style-type: none"> ▪ Use terminology associated with facial and neck hair removal | <ul style="list-style-type: none"> • Commonly used terminology |
| <ul style="list-style-type: none"> ▪ Adopt professional attitudes and behaviours | <ul style="list-style-type: none"> • Rules of professional ethics (educational aim 5) • Professional behaviours (educational aim 2) |

1. Prepare the workstation.
 - Install the hair removal appliance
 - (Review of competencies 5 and 6)
2. Greet and prepare the client.
 - Describe hair removal on the face and neck
 - Procedure: stages, duration and other characteristics
 - Specific characteristics of the face and neck
 - Answers to client's questions
3. Gather information.
 - Learn about the client's hair removal habits and the products he or she uses at home
 - Information about prior and current hair removal treatments, methods and frequency
 - Advantages and disadvantages of hair removal methods used previously
 - Effect on the desired results for hair removal using thermolysis
 - Pre-depilatory and post-depilatory products used at home
 - Learn about the client's needs and expectations with respect to hair removal
 - (See Competency 4)
 - Main problems associated with facial and neck hair
 - Establishment of connections with the client's hair removal history (educational aim 4)
4. Examine the skin and hair.
 - Recognize the possible signs of a contraindication of hair removal from the face and neck
 - Main skin and hair abnormalities observed
 - Main skin and hair infections observed
 - Medical procedures undergone
 - Overall picture of the appearance of the skin and hair
 - (Review of Competency 3)
5. Determine the shape of the eyebrows.
 - Identify the morphological characteristics of the client's face and neck
 - Facial zones and components
 - Morphological characteristics of the head and neck
 - Size and shape of the face
 - Observation elements
 - Suggest an eyebrow shape
 - Eyebrow shapes
 - Eyebrow components
 - Standards used to determine eyebrow shape: technique
 - Adaptation of the eyebrow shape to the client's morphology and physiognomy

6. Choose the appropriate hair removal method.

- Recognize the appropriate electrolysis method for the client
- Factors that determine the choice of method
- Consequences of an inappropriate choice of method for the client

7. Apply the hair removal technique.

- Select the accessories, materials and products for the chosen method
- (Review of competencies 5 and 6)
- Prepare the client's skin
- Steps in preparing the skin
- Use of cleansers (make-up removers)
- Use of cleansing equipment and appliances
- Application of hygiene, health and safety rules
- Perform anaphoresis
- (See Competency 6)
- Choose the settings for facial and neck hair removal
- Choice of hair removal program: types of programs, criteria for selecting settings, duration of hair removal session, specific characteristics of facial and neck hair and skin
- Factors that can change the intensity of the current
- Adapt their work position to the area of the face or neck to be treated
- Positioning of the client
- Factors that affect the work position: setup of workstation, client's flexibility, lighting
- Use of accessories: magnifier, pads and safety glasses
- Recognize the main factors that affect facial and neck hair removal during the session
- Specific characteristics of the different areas of the face and neck: hair growth, sensitivity and skin reactions
- Duration and frequency of hair removal sessions
- Client's pain threshold
- Adopt an effective work method
- (See Competency 6)
- Ensure the aesthetic quality of the work
- Quality criteria for hair removal: attractiveness, balance, absence of skin damage and corrections based on the morphological characteristics of the face
- Evaluation criteria for the quality of the work
- Problem-solving process specific to the face and neck: common problems and solutions

8. Carry out the post-depilatory steps.

- Dispose of materials that could involve a risk of contamination
- (See Competency 5)

- Apply post-depilatory techniques or products specific to electrolysis
 - Suggest complementary products and services
9. Perform administrative tasks.
- Fill out the client chart
 - Bill the client
 - Schedule appointments
 - File documents
10. Maintain and tidy up the work area.
- Sterilize and disinfect the materials and tools used for electrolysis
- (Review of competencies 5 and 6)
 - (See Competency 5)
 - (See Competency 5)
 - (See Competency 5)
 - Filing methods: advantages, disadvantages and limitations
 - (See Competency 2)

Competency 8

Duration 120 hours

Credits 8

Behavioural Competency

Statement of the Competency

Remove hair using photoepilation.

Achievement Context

- At a workstation
- With a client present
- Using the necessary equipment, appliances, materials and products
- Wearing the appropriate gloves and glasses
- Using a laser and intense pulsed light
- Using the manufacturer's manual
- Using the determined procedure, if applicable
- Using the necessary documents
- Using a consent form
- Using a diagram of the electromagnetic spectrum and a hair removal and skin diagram
- Working on different areas of the body, face and neck

Elements of the Competency

Performance Criteria

1. Prepare the workstation.

- Appropriate choice of equipment, appliances, materials and products
- Safe preparation of work areas, equipment, appliances and materials
- Efficient setup of work area
- Cleanliness of work area

2. Greet and prepare the client.

- Personalized greeting
- Appropriate positioning to ensure the client's comfort and well-being
- Safe positioning of the client
- Establishment of a relationship of trust with the client
- Demonstration of discretion and respect

3. Gather information.

- Identification of all information on the client chart
- Determination of the main health problems that could contraindicate hair removal or require additional precautions
- Use of professional language adapted to the client
- Accurate recognition of the client's needs and expectations
- Relevant information obtained from the client
- Clear, accurate recording of relevant information on the client chart

4. Inform the client about photoepilation.
 - Clear description of the specific characteristics of photoepilation: laser and intense pulsed light
 - Correct explanation of the mechanism of action and operation of photoepilation appliances
 - Accurate description of the advantages and disadvantages of these methods
 - Relevant information given about the indications and contraindications for these methods
 - Accurate pre-depilatory and post-depilatory instructions
 - Consideration of:
 - the client's general health
 - effects on the integumentary system
 - the desired results
 - possible ways of combining different methods
 - the areas of the body involved
 - cost
 - Presence of the client's initials and signature in the appropriate places on the consent form
5. Examine the skin and hair.
 - Appropriate preparation of the area(s) of the body to be examined
 - Accurate observations concerning the appearance of the skin
 - Accurate observations concerning the appearance of the hair
 - Accurate recognition of skin phototypes
 - Accurate recording of the characteristics of the skin and hair that could contraindicate hair removal or require additional precautions
 - Comparison of their observations with the client's general health
 - Clear and detailed communication of observations
6. Choose the photoepilation method.
 - Choice of method in accordance with the client's general health and the appearance of his or her skin and hair
 - Consideration of potential contraindications
 - Consideration of the advantages and disadvantages of the different methods
7. Complete the preparatory steps.
 - Appropriate method of positioning the client depending on the area(s) to be treated
 - Quality of shaving
 - Clear explanation of the different steps involved
 - Concern for placing gauze and glasses on the client's face
 - Correct segmentation of the zones to be treated
 - Appropriate camouflage of pigmented lesions

- Application of gel or other indicated products
 - Appliance settings in compliance with manufacturer's recommendations
 - Wearing of safety glasses
 - Performance of an appropriate test, if applicable
8. Apply the photoepilation technique.
- Correct application of hair removal technique
 - Regular verification of client's comfort and well-being
 - Verification of skin sensitivity
 - Attention to client's body language
 - Adjustment of appliance settings, if applicable
 - Regular inspection of work
9. Carry out the post-depilatory steps.
- Appropriate disposal of materials that could involve a risk of contamination
 - Overall inspection of hair removal
 - Ability to objectively evaluate their work
 - Proper application of post-depilatory products and techniques
 - Observance of rules for handling and storing products
 - Clear advice and post-depilatory instructions
 - Relevant recommendations for complementary products and services
10. Perform administrative tasks.
- Clear recording of treatments given and products used or sold on the client chart
 - Correct use of billing procedures
 - Effective scheduling of appointments
 - Follow-up with client to ensure the absence of skin damage
 - Methodical filing of client chart
11. Maintain and tidy up the work area.
- Appropriate maintenance
 - Cleanliness of work areas and materials
 - Safe storage of materials and products

For the competency as a whole:

- Use of appropriate terminology
- Observance of hygiene, asepsis, health and safety rules
- Adoption of professional attitudes and behaviours
- Attention to any skin damage
- Appropriate lighting
- Application of hair removal technique in compliance with determined procedure, if applicable

Suggestions for Competency-Related Knowledge and Know-How

The following is a summary of the knowledge, skills, strategies, attitudes and perceptions related to each element of the competency, along with their attendant guidelines.

For the competency as a whole:

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| <ul style="list-style-type: none"> ▪ Situate the competency with respect to the occupation ▪ Adapt to specific conditions ▪ Use terminology associated with facial and neck hair removal ▪ Adopt professional attitudes and behaviours | <ul style="list-style-type: none"> • Purpose of the competency • Links with competencies 2, 3, 4 and 5 • Specific and unexpected situations • Adaptation to new equipment • Adaptation of work positions and client positioning based on possible restrictions • Commonly used terminology • Rules of professional ethics (educational aim 5) • Professional behaviours (educational aim 2) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
-
1. Prepare the workstation.

<ul style="list-style-type: none"> • Plan the setup of the workstation • Install the photoepilation appliance 	<ul style="list-style-type: none"> • Characteristics of a functional workstation • Installation instructions: <ul style="list-style-type: none"> – Safe positioning of appliance – Connection of wires – Appropriate arrangement and cleaning of accessories • Rules for handling the appliance
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 2. Greet and prepare the client.

<ul style="list-style-type: none"> • Apply greeting techniques • Describe the photoepilation session 	<ul style="list-style-type: none"> • (See Competency 4) • Goal • Stages and duration • Answers to client's questions
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 3. Gather information.

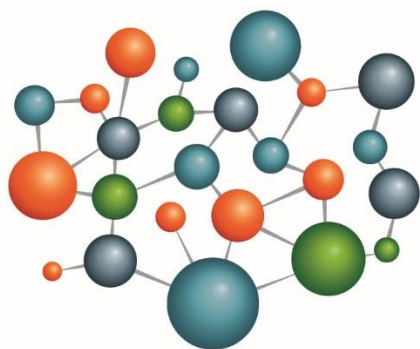
<ul style="list-style-type: none"> • Learn about the client's habits, needs and expectations with respect to hair removal and the products used 	<ul style="list-style-type: none"> • Information about prior and current hair removal treatments, methods and frequency • Results of previous hair removal methods • Discussion of expected results • Pre-depilatory and post-depilatory products used at home
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 4. Inform the client about photoepilation.

<ul style="list-style-type: none"> • Describe the photoepilation procedure 	<ul style="list-style-type: none"> • Description of procedure • Advantages and disadvantages • Limitations and contraindications • Synchronization of the phases of hair growth
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- Describe the equipment, appliances and tools
 - Describe the products used
 - Have the client sign a consent form
5. Examine the skin and hair.
- Recognize the possible signs of contraindication of hair removal
6. Choose the photoepilation method.
- Recognize the appropriate photoepilation method for the client
7. Complete the preparatory steps.
- Position and prepare the client
 - Prepare the equipment and materials
 - Perform a test
8. Apply the photoepilation technique.
- Select the accessories, materials and products for the chosen method
 - Prepare the client's skin
- Use of visual aids
 - Information about costs
 - Types of equipment, appliances and tools
 - Operation
 - Types of products
 - Goals and effects on the skin
 - Choice based on the needs of the skin
 - Purpose
 - Main skin and hair abnormalities observed
 - Main skin and hair conditions observed
 - Medical procedures undergone
 - Overall picture of the appearance of the skin and hair
 - Factors that determine the choice of method
 - Consequences of an inappropriate choice of method for the client
 - Positioning of client
 - Explanation of the different steps
 - Shaving
 - Segmentation of the zones to be treated
 - Camouflage of pigmented lesions
 - Application of skin products
 - Protective materials
 - Appliance settings
 - Manufacturer's recommendations
 - Wearing of safety glasses
 - Procedures
 - Appropriate organization of materials
 - Accessibility of materials
 - Steps in preparing the skin
 - Use of cleansers
 - Segmentation of the zones to be treated
 - Shaving
 - Identification of contraindications
 - Application of hygiene, health and safety rules

- Choose the settings for photoepilation
 - Choice of hair removal program: types of programs, criteria for selecting settings, duration of hair removal session, specific characteristics of hair and skin depending on the area to be treated
 - Factors that can change the intensity of the current
 - Adapt their work position to the area of the body to be treated
 - Positioning of the client
 - Factors that affect the work position: setup of workstation, client's flexibility, lighting
 - Use of accessories: magnifier, pads and safety glasses
 - Use different types of photoepilation appliances
 - Choice of appliance
 - Hair removal technique and procedure
 - Advantage taken of appliance's capabilities
 - Recognize the main factors that affect hair removal during the session
 - Specific characteristics of the different areas of the body to be treated: hair growth, sensitivity and skin reactions
 - Duration and frequency of hair removal sessions
 - Client's pain threshold
 - Adopt an effective work method
 - Symmetrical outline of treated area
 - Desired overlap depending on the assembly of the handpiece lens
 - Constant rhythm during hair removal
 - Safe handling of handpiece
 - Maintenance of appropriate work posture during hair removal
 - Ensure the quality of the work
 - Quality criteria for hair removal: attractiveness, balance, absence of skin damage and corrections based on the morphological characteristics of the face
 - Evaluation criteria for the quality of the work
 - Problem-solving process specific to the areas to be treated: common problems and solutions
 - Verification of the client's level of satisfaction
9. Carry out the post-depilatory steps.
- Dispose of materials that could involve a risk of contamination
 - (See Competency 5)
 - Apply post-depilatory techniques and products specific to photoepilation
 - Use of soothing techniques and products
 - Observance of the time needed to examine post-treatment skin reactions

- Suggest complementary products and services
 - (See Competency 5)
10. Perform administrative tasks.
- Fill out the client chart
 - (See Competency 5)
 - Bill the client
 - (See Competency 5)
 - Schedule appointments
 - (See Competency 5)
 - File documents
 - (Follow-up to Competency 7)
11. Maintain and tidy up the work area.
- Sterilize and disinfect the materials and tools used for photoepilation
 - (See Competency 2)



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